

Prenatal Vitamins

As a benefit of your State of Montana Benefit Plan (State Plan), members who are pregnant have access to generic prenatal vitamins. Generic prenatal vitamins are listed as a Tier \$0 medication on the Navitus prescription drug plan formulary, which means there is no out of pocket cost to you when filling a prescription listed as a Tier \$0 medication on the formulary.

You should always talk with your doctor about ANY supplements or medications you take during pregnancy.

Get your prenatal vitamins

1. Get a prescription for prenatal vitamins from your doctor. A prescription is required since the charge needs to run through the Navitus prescription drug program.
2. Go to a store with a pharmacy of your choice and select a generic brand of prenatal vitamins. A “generic” prenatal vitamin is a product that has no brand name or registered trademark. It is sometimes the same as a “store” brand.
3. Take the vitamins to the pharmacy for purchase, along with your prescription.
4. If necessary, present your Navitus card.
5. Your vitamins should run through the Navitus program at a Tier \$0, which means there is no out of pocket cost to you.

If you have any trouble getting your generic prenatal vitamin at a Tier \$0, contact Navitus Health Solutions at 866-333-2757.

- Remember, you also have the option to buy a brand name product if choose, but that is a direct out-of-pocket cost to you.
- If you need a specific prescription-only prenatal vitamin, that will also run through the prescription drug program with Navitus. The appropriate co-payment will be applied.